

2018 ANNUAL REPORT

BECAUSE  
OF YOU



**OUR MISSION**

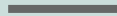
*St. Luke's Foundation  
provides financial support  
to St. Luke's and the region  
it serves to advance patient  
care, health education  
and clinical research.*



*We are here to serve  
the healthcare  
needs of our region.*

*We are here*

**BECAUSE OF YOU.**



**BECAUSE OF YOU,** WE ARE ABLE TO EXPLORE,  
RESEARCH AND DEVELOP INNOVATIVE PROGRAMS.

**BECAUSE OF YOU,** OUR HEALTHCARE TEAM IS ABLE  
TO ELEVATE THEIR QUALITY OF CARE, PROVIDING BETTER  
TREATMENT OUTCOMES AND COMFORT.

**BECAUSE OF YOU,** WE ARE ABLE TO PUT OUR  
PATIENTS ABOVE ALL ELSE.

## DEAR FRIENDS,

### BECAUSE OF YOU...

It is most humbling to bear witness to patient needs met through your philanthropy. Every day at St. Luke's, people benefit from your investment in programs, services, technology, education and research.

Our 2018 annual report features several stories demonstrating the impact of your generosity. Every grant awarded has a story and countless people behind it whose lives are positively impacted. When we face healthcare concerns there is great comfort knowing you are not alone. From the Emergency Department expansion to new treatment protocols for children with autism, Chemo Care Bags, advance care planning, reducing mental illness stigma, and providing comfort through art or virtual reality, in 2018 there were 1,734 people who made the decision to prioritize our patients through a gift to St. Luke's Foundation.

Thank you for your support, which translates into real solutions right here at St. Luke's and throughout our region.

### BECAUSE OF YOU...

Our patients, friends, families and all the communities St. Luke's calls home are healthier and happier. For this we are most grateful.

### IN GOOD HEALTH,

A handwritten signature in black ink that reads "Catherine Carter Huber". The signature is written in a cursive, flowing style.

**CATHERINE CARTER HUBER**

Executive Director and Chief Philanthropy Officer  
St. Luke's Foundation

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# EMERGENCY DEPARTMENT EXPANSION: CARING FOR PATIENTS DURING THEIR MOST VULNERABLE MOMENTS

*St. Luke's new Emergency Department will provide a safe, efficient, patient-focused experience. **Because of you,** we are able to provide unprecedented care for our region.*

Each year 30,000 patients seek treatment in St. Luke's Emergency Department (ED), a number that has grown exponentially over the past ten years. Our current location no longer supports the volume our region requires. Relocating the ED to St. Luke's Building A will triple its size, creating a state-of-the-art facility that will better meet current demands, while anticipating future needs. The number of beds will increase from 14 bays to 37 private rooms, and the new department will feature improved security, adjacent cardiac cath labs, integrated X-ray and

CT scans, as well as four trauma rooms and dedicated behavioral health suites. St. Luke's new helistop will have direct access to the ED, cath labs and surgery, its proximity saving precious minutes and lives.

The entire space is designed to maximize efficiencies, decrease wait times, ensure privacy and provide a premier patient experience, fulfilling St. Luke's promise of professional and compassionate care.

## BECAUSE OF YOU

St. Luke's Foundation's 2018 Circle of Light gala raised \$203,793 for the Emergency Department project, including funds for one of the four dedicated trauma rooms.



Mike Boeselager, VP of Support Services (left), Dr. Nicholas Van Deelen, Emergency Services Medical Director, and Lori Bauman, RN, Emergency Services Department Manager, discuss St. Luke's Emergency Department expansion plans.

# INCREASING SENSORIMOTOR EXPERIENCES: EXPLORING NEW STRATEGIES FOR TREATMENT OF CHILDREN WITH AUTISM

*Because of you, St. Luke's occupational therapists are delivering new and innovative therapy options to our patients and providing new tools and sensorimotor strategies to implement at home.*

Children with autism currently have limited treatment options. With a grant from St. Luke's Foundation, St. Luke's Occupational Therapist Kara Long and independent Education/Behavioral Consultant Dr. Susan Larson Kidd are working to establish new protocols for their autistic patients and their families.

This sensorimotor program stimulates several areas of the brain affected in the autism spectrum disorder by pairing sensory inputs

with systematic activities. For example, sound and touch are paired while the child listens to classical music and receives deep tissue pressure.

This unique therapy provides an opportunity for parents and occupational therapists to work together. Additionally, this innovative program has the added benefit of teaching families sustainable practices for their children outside of the clinic setting.

Long and Larson Kidd's initial data indicates all children exceeded their standardized assessments and saw progress on their sensory processing measures. However, the most powerful result is the anecdotal information from the parents and the excitement from the children themselves. One parent said, "I can't believe how much I am learning about my child by doing these activities with him."

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Dr. Susan Larson Kidd and Kara Long will submit their work to the Minnesota Association for Occupational Therapy and will present their findings at its annual conference this fall.





The sensorimotor exposure treatment offered at St. Luke's helps patients with autism make significant strides in their treatment while engaging their family. Pictured, Dr. Susan Larson Kidd works with patient TJ and his father, Terrence.

## HOPE AND OTHER HELPFUL THINGS

*When patients are diagnosed with cancer, they enter a new and difficult world they never expected to be in. Providing a small dose of hope and help can sometimes make all the difference.*

For many years cancer survivor Lori Rasmussen provided Chemo Care Bags  
for newly diagnosed cancer patients at St. Luke's – a heroic investment of time, effort  
and finances. Lori included things she discovered were helpful during her own treatment  
with a note explaining each item's importance, survivor wisdom and her best wishes. When  
it was time for Lori to step aside, St. Luke's Foundation was able to continue the work she  
started. **Because of you,** support from St. Luke's Foundation's Cancer Care Fund continues  
to provide these welcome packages of comfort and care to our oncology patients.



Lori Rasmussen (center) chats with Leslie Sauve (left) and Tina Roberts (right), Social Workers at St. Luke's Regional Cancer Center. Lori is holding the letter she wrote years ago, a heartfelt note of hope, strength and wisdom that is still included in every Chemo Care Bag.

# ADVANCE CARE PLANNING: CREATING A HEALTHCARE DIRECTIVE FOR YOUR FAMILY'S PEACE OF MIND

*Because of you, our patients know their choices will be honored.*

It's difficult for patients to think about what they will need or want in terms of end-of-life care. It can be even more challenging to talk about those decisions with loved ones. At St. Luke's we know a patient is best cared for when their values, culture and relationships are considered in the framework of specific medical treatment decisions, especially in the event they can no longer speak for

themselves. St. Luke's Foundation and St. Luke's are collaborating with local partners to establish Honoring Choices Duluth Communities, which works with statewide initiatives *Honoring Choices* and *End in Mind*, to help understand and create healthcare directives. **Because of you**, St. Luke's provides free classes to help members of our community develop their own advance care plan.

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St. Luke's is proud to partner with the Miller Dwan Foundation, Essentia Health and other health-focused organizations through the Honoring Choices Advisory Council. This group is working to encourage all members of our community to have a healthcare directive on file. Learn more about resources and classes available by visiting [www.HonoringChoices.org](http://www.HonoringChoices.org) or [www.EndInMindProject.org](http://www.EndInMindProject.org).



Sonja Winder, a St. Luke's Hospice Social Worker, helps patients and community members ensure their choices are honored by helping individuals understand and create healthcare directives.

# NORTHLAND HEALTHY MINDS: ENCOURAGING COMPASSION, REDUCING STIGMA SURROUNDING MENTAL HEALTH

*Because of you, we are working to reduce the stigma of mental illness by creating an understanding and supportive environment for all.*

St. Luke's Foundation is a founding member of Northland Healthy Minds, a local collaborative that launched the Make It OK campaign in Duluth. Your support through St. Luke's Foundation provides events like Laughter Yoga and the Make It OK film series.

Educational programming includes mental health first aid classes, employer awareness orientation, ambassador training, elementary school programs, coordinated health fairs and Make It OK literature to increase awareness. Additionally, valuable tools are provided on what to say and how to support those who struggle with mental illness.

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Northland Healthy Minds has now grown into a coalition of more than 50 organizations in northeastern Minnesota and Douglas County, Wisconsin, including representation from public, private, nonprofit and faith-based organizations.



Mental health is one of the highest priorities in our region, as confirmed by the Community Health Needs Assessment. Laughter Yoga is one tool used by Northland Healthy Minds to help promote positive mental health.

## ART IN THE CLINIC DELIVERS UNEXPECTED MEDICINE

*Because of you, an innovative collaboration provides patients with a calming presence and a new approach to mental health.*

Patient anxiety often peaks while waiting to see their physician. Awareness of our clinical environment and the impact it has on mental health can set the tone for positive patient-provider interactions. Katy Johnson, Manager at St. Luke's Mariner Medical Clinic in Superior, was determined to improve the surroundings of her clinic's waiting areas. **Because of you**, Katy was able to connect with University of Wisconsin-Superior (UWS) art students who helped create a visually tranquil atmosphere wherever patients wait in the clinic. Led by Gloria Eslinger, Professor and Director of Art Therapy programming at UWS, the students' research-based work is an opportunity to partner and demonstrate support for community well-being.





Katy Johnson (left), Manager at St. Luke's Mariner Medical Clinic, received funding from St. Luke's Foundation and worked with the University of Wisconsin-Superior's Art Department to bring therapeutic art to the clinic.

## PATIENTS STEP AWAY FROM THEIR REALITY AND ALLOW THEIR MINDS TO REST

*Because of you, cancer patients find a place of refuge while undergoing treatment.*

Cancer patients experience an increase in psychological distress as they navigate the treatment process. Those able to effectively manage psychological distress generally experience better outcomes and improved quality of life following treatment. To address this need, St. Luke's Foundation funds are allowing Radiation Oncologist Dr. Nils Arvold and Licensed Psychologist Petra Woehrle, PhD, from St. Luke's Regional Cancer Center to experiment with virtual reality (VR) technology to engage patients in relaxation exercises during radiation therapy. VR offers a low-cost, non-pharmaceutical treatment option to reduce patient stress and anxiety.



Dr. Nils Arvold fits a VR headset to a patient in one of St. Luke's radiation oncology treatment rooms.

# 2018 GRANTS



**ST. LUKE'S**

Emergency Department relocation and expansion.....	<b>\$203,793</b>
In-kind gifts for patient care.....	<b>\$13,522</b>
Equipment for St. Luke's Proctor Fitness Center.....	<b>\$5,000</b>
Holiday flower bouquets for patients, courtesy of National Bank of Commerce Signature Banking Team.....	<b>\$1,000</b>
Holiday visits for patients courtesy of Citon Corporation.....	<b>\$982</b>
Holiday visits for patients courtesy of Lester Park Elementary School students.....	<b>\$1,115</b>
Assistance to patients experiencing acute and/or emergent financial challenges through the Small Things Fund.....	<b>\$1,357</b>

**ST. LUKE'S 2W ONCOLOGY UNIT**

Afghans and blankets for hospice patients.....	<b>\$1,580</b>
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**ST. LUKE'S BREAST CENTER**

"Chicken Soup for the Breast Cancer Survivor's Soul" books for newly diagnosed breast cancer patients through the Bowling to Beat Breast Cancer event; tote bags; and books for kids to help them understand a parent's cancer diagnosis.....	<b>\$5,034</b>
Support for 3D tomography screenings for patients.....	<b>\$1,403</b>
Robes for Breast Center patients.....	<b>\$2,480</b>

**ST. LUKE'S CLINIC DIVISION**

Robes for breast cancer patients.....	<b>\$8,700</b>
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Art in the Clinic. Read more on pages 12-13.

**ST. LUKE'S EDUCATION DEPARTMENT**

Support for "Ethics of Genetic Testing" Biomedical Ethics Conference from the Dr. Kay R. Lundberg Memorial Lecture Fund.....	<b>\$2,000</b>
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**ST. LUKE'S EMERGENCY DEPARTMENT**

iSTAT Analyzer.....	<b>\$10,962</b>
Blankets and stuffed animals to comfort pediatric patients.....	<b>\$9,382</b>

**ST. LUKE'S HILDING MEMORIAL MEDICAL LIBRARY**

Online medical journal subscriptions.....	<b>\$2,716</b>
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**ST. LUKE'S HOME CARE AND HOSPICE DULUTH®**

Ensuring hospice continues to offer palliative, personal, emotional and spiritual care for patients and their families regardless of the ability to pay for services.....	<b>\$50,000</b>
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Therapeutic foam mats, pill boxes, scales, Home Care/Hospice library resources, "Gone From My Sight" books and journals for the care and comfort of hospice patients and their families.....	<b>\$7,127</b>
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**ST. LUKE'S MARINER MEDICAL CLINIC**

Artwork to promote a calming atmosphere in patient waiting areas through a collaboration with the University of Wisconsin-Superior Art Department.....	<b>\$2,500</b>
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**ST. LUKE'S MATERNAL CHILD HEALTH UNIT**

Jaundice meter .....	<b>\$7,188</b>
In-kind gifts for patient care .....	<b>\$776</b>
Blankets, hats, booties and quilts for newborns .....	<b>\$2,585</b>
Celebrating the last baby born in 2018 and the first baby born in 2019 .....	<b>\$100</b>

**ST. LUKE'S OCCUPATIONAL THERAPY**

Partial Replication Study: "Increasing Sensorimotor Experiences for Children with Autism" .....	<b>\$3,000</b>
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**ST. LUKE'S PEDIATRICS UNIT/  
PEDIATRIC ASSOCIATES**

Distraction toys, comic books, stuffed toys, books, blankets, clothing and supplies .....	<b>\$5,819</b>
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**ST. LUKE'S PHARMACY**

Continuing education for pharmacy staff .....	<b>\$2,097</b>
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**ST. LUKE'S PHYSICAL THERAPY**

Graston Technique® physical therapy instruments .....	<b>\$1,795</b>
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**ST. LUKE'S RADIATION ONCOLOGY ASSOCIATES**

Blanket warming cabinet .....	<b>\$3,517</b>
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**ST. LUKE'S RADIATION ONCOLOGY ASSOCIATES  
AND ST. LUKE'S MENTAL HEALTH SERVICES**

Reducing emotional distress during radiotherapy treatments through on-table virtual reality .....	<b>\$13,528</b>
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Planning for the future. Read more on pages 2-3.

**ST. LUKE'S REGIONAL CANCER CENTER**

Cancer Survivorship Lecture Series .....	<b>\$3,000</b>
Support for breast cancer patients through the Bowling to Beat Breast Cancer Compassionate Care Fund .....	<b>\$700</b>
Support for cancer patients through the Cancer Care Transportation Fund .....	<b>\$1,400</b>
Gas cards, wigs, grocery cards, lodging, nutritional shakes and support group supplies .....	<b>\$4,506</b>
Gentle yoga classes for cancer patients .....	<b>\$4,455</b>
Chemotherapy Care Bags and supplies .....	<b>\$7,832</b>
Aquarium maintenance .....	<b>\$1,688</b>
Glider rocking chairs for patient comfort in memory of Terry Berg .....	<b>\$1,463</b>

Cancer Center Conference Room refresh; Chemo Care Bag supplies; scarves for patients through maurices "Grand Give" .....	<b>\$4,500</b>
Blankets for cancer patients courtesy of "Subaru Loves to Care" and Miller Hill Subaru .....	<b>\$160</b>
In-kind gifts for patient care including scarves, comfort pillows, clothes, earrings, hats and quilts .....	<b>\$13,653</b>

**ST. LUKE'S REHABILITATION SERVICES**

Rehabilitation equipment in memory of Margaret Hiltunen .....	<b>\$25,460</b>
Clinical Community Mobility Skills Assessment Program .....	<b>\$7,030</b>

**ST. LUKE'S RESPIRATORY CARE DEPARTMENT**

Continuing education, training and educational materials on the latest respiratory care for therapists funded by the Douglas H. and Judith H. Lewis Memorial Fund of the Duluth Superior Area Community Foundation..... **\$2,765**

**THE COLLEGE OF ST. SCHOLASTICA**

Volunteer Guild scholarships..... **\$2,000**

**DAMIANO CENTER**

Automated External Defibrillator and Narcan nasal spray..... **\$1,500**

**DULUTH ADVANCE CARE PLANNING INITIATIVE**

Community initiative support..... **\$20,000**

**DULUTH PUBLIC SCHOOLS – ISD 709**

Suicide Prevention Initiative support..... **\$15,000**

**EVA ERICKSON PETERSON MEMORIAL NURSING SCHOLARSHIP**

Scholarship for a St. Luke's employee pursuing an RN degree or higher..... **\$1,000**

**FIRST WITNESS CHILD ADVOCACY CENTER**

St. Louis County Child Maltreatment Medical Response..... **\$10,000**

**GLADYS EKLUND MCKISSACK NURSING SCHOLARSHIP**

Scholarship for a St. Luke's employee to finance educational goals in pursuit of a nursing career..... **\$1,000**

**LAKE SUPERIOR COLLEGE**

Volunteer Guild scholarship..... **\$500**

**LESTER PARK WOMEN'S GOLF LEAGUE**

Event support..... **\$150**

**MINNESOTA D.A.R.E.**

Building Trust between Law Enforcement and Minnesota Communities; Opioid Abuse Prevention Education; Preventing School Bullying program support..... **\$1,000**

**NORTHLAND BIKERS FOR BREAST CANCER AWARENESS**

Event support..... **\$100**

**NORTHLAND HEALTHY MINDS/ "MAKE IT OK" CAMPAIGN**

Community campaign support..... **\$10,000**

**PROGRAM FOR AID TO VICTIMS OF SEXUAL ASSAULT (PAVSA)**

Sex Trafficking: Warning Signs, Medical Interventions and Resources..... **\$5,162**

**SAFE KIDS NE MINNESOTA**

Program funding..... **\$1,000**

**WHITESIDE INSTITUTE FOR CLINICAL RESEARCH**

Advancing clinical research in the areas of cancer, lung disease and heart disease..... **\$250,949**

# 2018 TOTAL GRANTS

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# \$769,031

## 10+ CONSECUTIVE YEARS

- 37** Don and Nancy Moline
- 32** Minnesota Power –  
an ALLETE Company
- 31** Marsh & McLennan Agency  
North Shore Bank  
St. Luke's CDI
- 30** Verna and Arend Sandbulte  
Ben and Barry Wolfe
- 29** Don and Jo Ann Hoag  
Phyllis James  
Laboratory Medicine Specialists  
of Duluth, PA  
Wildey H. Mitchell  
Family Foundation
- 28** Bob and Helga Wallner
- 27** John and Lynn Benson  
Ruth Ann Eaton  
Twin Ports Testing, Inc.
- 26** Linda and Bob Basara  
Lail Beste-Michelson  
Jan Biga  
Richard and Kathy Johnson  
Gwen Nelson  
Doreen Roberts
- 25** Allan L. Apter  
Donna and Bruce Bergsten  
Karen Johnson  
Roshelle Morrison  
Sally and Peter Sneve  
John and Maxine Strange
- 24** Mary Gabrys  
Tom and Toni Kasell  
Lynn and Dexter Nelson
- 23** Clark and Julie Averill  
Julien Berntson  
Wayne and Linda Gustafson  
Diane and Randy Haworth  
Edna M. and H. Anna Jenks'  
Charitable Fund of the  
Duluth Superior Area  
Community Foundation  
Kitty Jensen  
Douglas H. and Judith H.  
Lewis Memorial Fund of  
the Duluth Superior Area  
Community Foundation  
Christy Mahoney  
Muriel Whiteside Charitable  
Trust Fund  
Mary Schultz  
Bonnie J. Swanoski  
Diane Vogel  
Jon and Kathy Welles
- 22** Ethel O'Leary  
Schindler Elevator Corporation
- 21** Sandra Barkley  
Jean Elton-Turbes  
Sandra Essen  
Dr. Walt and Kay Gower  
Patti Jenkins  
Emmy Libal  
Steig Sabee  
Margaret Scandin  
US Bank
- 20** Margaret and George Beattie  
Stan and Dr. Susan Goltz  
Doug and Jennifer Lewis  
Micky Mullozzi
- Brett and Kathy Osborne  
St. Luke's Nursing  
Alumni Association
- 19** Anonymous  
John and Ann Clark  
Jamar Company  
Dr. Robert and Trinky Jarrett  
Johnson, Killen & Seiler, P.A.  
Jodi Korpela  
Jennifer Nylund  
Owens & Minor  
Dr. and Mrs. Edgar Saldana
- 18** Kay and Tim Allen  
Jeff Conner  
Donald Holm Construction Co., Inc.  
Deb and Art Hoff  
Laurie and David Johnson  
Sandy J. Lanthier  
Lizette and John Lawien  
Ledingham Promotional Advertising  
Jan and Dan McCarthy  
Dr. Bryan Meyers  
Dr. Mark and Elizabeth Monte  
Julie Patton  
Dr. John Schrock and Mary Berube  
Julie Spangenberg  
St. Luke's Volunteers  
Clare Stromlund  
Susan Bachinski Winner
- 17** Catherine M. Carter Huber  
and Carl Huber  
Dr. David and Nancy Choquette  
Mary Greene  
Bunnie Katich  
Dr. David and Pat Mast
- Vern and May Nordling  
Dr. Gary Peterson  
Todd Scaia  
Peter and Patricia Stephenson  
Polly Vallie  
Drs. John and Linda Van Etta
- 16** Allen Aho  
Dr. Waldo and Suzanne Avello  
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Sandra Carlson  
Shelley Fredrickson  
Dr. Craig and Julie Gilbertson  
Marla and Juhl Halvorson  
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WDIO-WIRT-TV/Hubbard  
Broadcasting Foundation  
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Elizabeth Zylka



- 15** Drs. David and Judith Arvold  
Barb and Roger Boettcher  
Dr. Mary Boylan and  
Patrick Maloney  
Karen and Michael Cheslak  
CliftonLarsonAllen, LLP  
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Delores Gaffke  
Dr. Robert and Joyce Hickman  
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Security Jewelers  
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- 14** Anonymous  
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- 13** Wendy Anderson  
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Engwall Florist and Greenhouses  
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Kristine Canfield-Evanson  
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Roger Hartley and Sandra Lumen  
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Michele Tack  
University of Minnesota
- 12** Toni Aanonsen  
Anonymous  
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Carol Griak  
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Nathan Johnson  
Suzy Johnson

- Jane Kempton  
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Linda Lincowski  
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Michael Miller  
Diana Mohr  
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Jack and Cindy Seiler  
Kim and Jeff Shingler  
Dr. G. David Spoelhof and  
Melissa Spoelhof  
Kim Terhaar  
Dr. and Mrs. Nicholas Van Deelen  
Kathleen Walkowiak  
Waters of Superior  
Barbara Wilson
- 11** Anonymous  
Laura Budd  
Dr. Mike and Denise Busa  
Carlson Orthodontics  
Marlene David  
Lynn Davis  
Rosemary Guttormsson  
Harbor City Kennels  
Jean M. Johnson  
Rebecca Lindberg  
Tom Lohman  
Bonnie Matuseski  
Kristen Mesedahl  
Dr. John and Carrie Morrison  
Thomas Nikkola  
Northland Country Club  
Carol Oleson  
Father John Petrich  
Joan Pince

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SFM - The Work Comp Experts  
Kerry Sopoci  
Shari and Mark Tollerud  
Kathryn Townsend  
Valentini's Vicino Lago  
Women Rock
- 10** Anonymous  
Irene Anderson  
Mary Ann Anderson  
Drs. Brian and Sheri Bergeron  
The Bernick Companies  
Mark Bryngelson  
Dr. Daniel Campbell  
Fifield Portrait Design  
Joseph Garson  
Edwin and Sherry Hall  
Claudine Hansen  
Kristopher and Tara Haugen  
Sandra Hoffman  
Jack F. and Mary E. Rowe  
Charitable Lead Trust  
Sylvia Jamar  
Norma Johnson  
Denise Kontny  
Dr. Tom and Suzanne Kunze  
Barbara LaLiberte  
Karla Langford  
Dana Ludwig  
Sharon L. Maki  
Annette Mellinger  
Dr. William Merrick  
JoAnn Otterblad  
Rocky Mountain Chocolate Factory  
Peter and Melinda Schenck  
Steve Seliga  
Mary Stoj  
Janet Udean

**4 WEST PATIENTS AND STAFF**

Ann, Zach and Miley Nelson

**DR. HOMAM ALKAIED**

Jeff Skoraczewski

**DR. DAVID ARVOLD**Richard and Celia Dickson  
Dr. Tom and Maren Hustad**DR. REBEKAH BEACH**Dr. Tom and Maren Hustad  
Holly C. Sampson**JAN BIGA**

Jim and Nancy Holmgren

**DR. MARY BOYLAN AND TEAM**Margery Stanley-Meyer  
Frank von Poppen and Diane Johnson**TIM CHURCHILL AND FAMILY**

Donna Churchill

**DEDICATED AND KIND  
RADIATION THERAPISTS AT  
ST. LUKE'S CANCER CENTER**

Judy Gadda

**DR. JAMES DONOVAN**

Lynn Dart-Nelson

**PHIL AND JULIE ECKMAN**

Ben and Barry Wolfe

**EMERGENCY DEPARTMENT STAFF**

Leonard and Lois Gehl

**FAMILY**

Betty Melde

**VICKI FARMER**

Barbara Farmer

**DR. CRAIG GILBERTSON**

Betty Melde

**DR. BASEM GOUELI**

Brenda Caya

**CAS GROCHOWSKI**

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Harriet Hagedorn  
Dr. Robert and Joyce Hickman

Joanne Ludwig

Jim and Carlie Nynas

Joan Parenteau

Walt Peterson

John and Marilyn Smuk

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Healthcare directives help honor patient choices. See pages 8-9.

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*Donations*

\$ 1,154,677



*Assets*

\$ 9,569,763



*Grants*

\$ 769,031

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## JOHN STRANGE

### IN GRATITUDE FOR YOUR LEADERSHIP

During his years at St. Luke's, former President/CEO John Strange had a saying he was known for.

When asked how he was doing, he would often reply, "I'm just a ray of sunshine!" Along with being an accurate reflection of John's character, that saying was a hallmark of his administration as a whole. John served as St. Luke's President and Chief Executive Officer for 24 years. Prior to that, he spent four years as Chief Financial Officer. By the time John retired in February 2019, St. Luke's had grown from a small hospital to a regional healthcare system.

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*John's ray of sunshine helped St. Luke's grow into what it is today. We would like to recognize this organization's success under his leadership and thank him for all he has done. His legacy will be remembered at St. Luke's for years to come.*

# WAYS TO GIVE

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*Coming together to give is crucial to St. Luke's Foundation and its mission. All gifts, no matter the size or method of giving, contribute to advancing our reach. Gift-giving options are listed here for your consideration.*



## OUTRIGHT GIFTS

Often the easiest to arrange, many donors support us with gifts of cash, checks, credit cards (VISA, MasterCard, American Express, Discover), securities or stocks, real estate, or in-kind gifts.



## LIFE-INCOME GIFTS

One of the following trust options may be the best fit for you:

- Charitable Remainder Annuity Trust: A trust that pays a set income annually.
- Charitable Remainder Unitrust: A trust that pays a fixed percentage of the trust's assets.
- Charitable Lead Trust: A trust that pays a fixed or variable income to St. Luke's Foundation for a set term, and then passes to heirs.



### LIFE INSURANCE

Name St. Luke's Foundation as the beneficiary for income tax deductions.



### RETIREMENT PLAN

Name St. Luke's Foundation as the beneficiary of the remainder of the assets after your lifetime, avoiding a heavily taxed gift to heirs.



### RETAINED LIFE ESTATE

Designate the ownership of your home to St. Luke's Foundation while you retain occupancy.



### GIVE ONLINE

Visit [slhduluth.com/foundation](http://slhduluth.com/foundation) and click "Make a Donation."



### BEQUESTS IN WILLS

Please tell us if you have named St. Luke's Foundation in your will. We would love the opportunity to share our appreciation.

*Sample bequest language for St. Luke's Foundation:*

*"I, (name), give, devise and bequeath to St. Luke's Foundation (written amount or percentage of the estate or description of property) for its unrestricted (without conditions attached) use and purpose."*

If you want to restrict your bequest, please consult with St. Luke's Foundation when you make your will to be certain your intent can be accomplished.



### GIFTCALCS PLANNER

GiftCalcs Planner is an interactive tool that lets you run sample gift calculations and their financial benefits to you. Visit [slhduluth.com/foundation](http://slhduluth.com/foundation).



### GIVE BY SMARTPHONE

Text STLUKES to 41444 to give from your smartphone.

*This information is not intended as legal, tax or investment advice. For such counsel, contact an attorney or tax or investment professional.*

For more information on how you can support the mission of St. Luke's Foundation, please contact Catherine Carter Huber. We would be honored to work with you to ensure that your wishes are carried out in the manner that best meets your needs. | [ccarterhuber@slhduluth.com](mailto:ccarterhuber@slhduluth.com) | 218.249.2420



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