



St. Luke's myCare Patient Portal User Guide

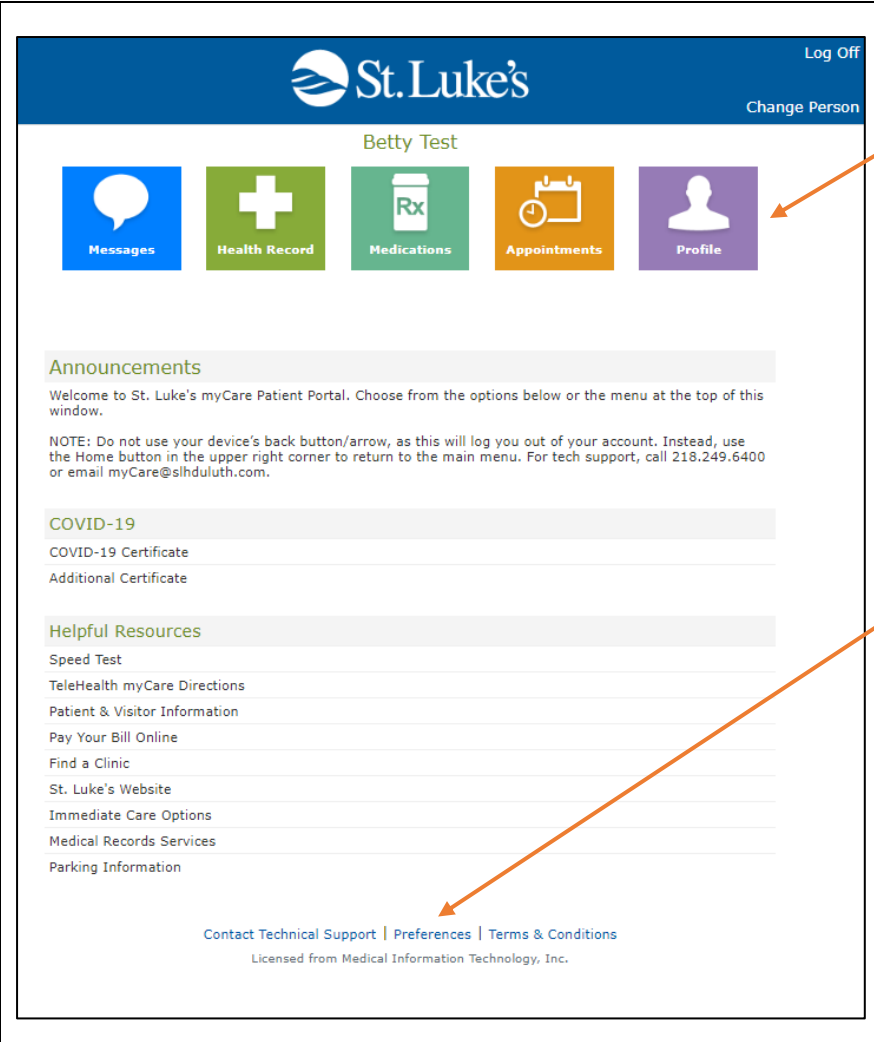

Login or enroll here: slhduluth.com/myCare

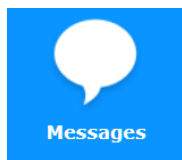


The portal can be accessed from slhduluth.com/myCare or via the Meditech MHealth app. Download the **Meditech MHealth** app from the Apple Store or Google Play. Then, search for St. Luke's within the app and enter your login credentials.

Visit reports will post once they are *signed* by your provider. **Lab results** will post as they are resulted, so you may see them before your provider. Your provider will connect with you once they have reviewed.

Note: The following screenshots are from a desktop computer. Things may appear slightly different on the Meditech MHealth app.

	<h2>HOME PAGE</h2> <p>These icons link to feature pages.</p> <p>Any time there is new data in any of the areas within your portal, a red dot will appear next to it.</p>  <p>A Last 7 days section will appear if there has been activity on your portal within the last 7 days.</p> <p>Select Preferences to change the email address for receiving notifications and alerts for new appointments, medications, messages, reports and results.</p> <p>This is also the email you would use for resetting credentials and passwords.</p>
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St. Luke's Home | Log Off

Betty Test's Messages

Select a message to view details or click 'Send Message' to send a new message.

Please ensure you are on the correct portal before sending this message. For example, if you are sending regarding a child please be sure to do this from your child's portal account. Click on the "Change Person" button in the upper right corner of the portal home screen to send a message from another portal you have access to. [Learn More](#)

[Send Message](#)
[Print](#)

[View Sent Messages](#)

From	Subject	Date/Time
Ogachukwu G Udorji	Lab results	Aug 28, 2023 11:22 am
System	Update to Home Monitoring Care Plan	Nov 08, 2022 4:06 pm
Marnie M Krueger	Refills	Jun 22, 2022 4:55 pm
Sara R MoenSlotness	portal message	Jun 14, 2022 4:25 am
Jennifer L Nelson	None	Feb 07, 2022 8:29 am
Jennifer L Nelson	None	Feb 07, 2022 8:28 am
Carly J	None	Feb 02, 2022 2:57 pm

St. Luke's Log Off

Betty Test's Messages

If this is an URGENT ISSUE or an EMERGENCY, call 911. DO NOT LEAVE A MESSAGE HERE.

Portal messages are for non-urgent communications only. You should hear back from your provider/care team within 1-2 business days. The myCare Patient Portal is NOT monitored on nights, weekends or holidays.

If your question requires a discussion or a new treatment, your provider may offer a virtual or in-person provider visit.
Please note: Although all document types are accepted, it is highly recommended to upload your document as a PDF. [Learn More](#)

[Do Not Submit. Return to List of Sent Messages](#)

New Message

To: Addie C Vittorio, MD

Subject:

10.00 MB remaining

- Only bmp, jpeg, jpg, pdf, and png attachments allowed.
- Maximum 5 attachment(s) per message.

[Add Attachment](#) [Send](#)

MESSAGES

DO NOT MESSAGE YOUR PROVIDER VIA THE PORTAL for URGENT ISSUES or EMERGENCIES. Call 911.

Messaging is a great way to:

- Submit forgotten forms
- Get basic information
- Request medication refills
- Request an earlier appointment

Messaging is not suitable for:

- Emergencies or urgent issues
- Replacing an appointment
- Medical advice for new or evolving conditions
- Addressing frustrations with an experience
- Complex or lengthy questions or concerns
- Continuous messaging

Other notes:

- The portal is NOT monitored on nights, weekends or holidays. You should hear back within 1-2 business days. If you have questions that require a prompt response, call your clinic. If your message requires a discussion or a new treatment, you may be asked to schedule a virtual or in-person visit.
- You may message your primary care provider or a specialist you have seen at a clinic. You will not have the ability to send a message to a provider that cared for you during an inpatient (hospital) stay.
- Make sure you are choosing the correct provider. (The system may autofill alphabetically to an unintended recipient.)
- Stay on the same message thread when using this function.



HEALTH RECORD

The Health Record page can be used to see all of your information, including:

View portions of your Health Record from your most recent visit.
-Select an item below or a button to the right to view more details.
-Select Health Summary to view, print or download a summary of your care. [Learn More](#)

Allergies	Current Conditions
acetaminophen [From Tylenol]	Diabetes
barium sulfate	DVT (deep venous thrombosis)
cat dander	Fever
diazepam	Fracture of distal end of fibula
dog dander	Gonorrhea
gluten	Gout
ibuprofen	H/O arthroscopy of right knee
Iodinated Contrast Media	Headache
mold	High risk sexual behavior
NSAIDS (Non-Steroidal Anti-Inflamma	Hip pain
penicillin G	Hx of LASIK
Sulfa (Sulfonamide Antibiotics)	Knee effusion, left
	Major depressive disorder, recurrent, moderate
	New daily persistent headache (ndph)
acetaminophen (Tylenol) 325 mg	Osteoarthritis of left knee
Active Chemotherapy Patient 1 ea	Pain in symphysis pubis during pregnancy
atenolol 50 mg	PMB (postmenopausal bleeding)
edoxaban 30 mg	Pregnancy
fluticasone furoate 27.5 mcg/actuation	Severe opioid use disorder on maintenance therapy
hydrochlorothiazide 12.5 mg	Severe opioid use disorder on maintenance therapy
hydromorphone (Dilaudid) 2 mg	Tick bite
levothyroxine (Synthroid) 25 mcg	

➤ **Results:** Laboratory test results are here. Select the most recent result line to see a list of your results.

➤ **Reports:** Select to see visit notes and diagnostic imaging reports.

➤ **Immunizations:** Select to see your history. This record is printable.

➤ **Letters:** Within **Documents**, select **Letters** to see if your provider sent a letter with an explanation of results.

IntNLS AAtest's Documents

Letters made available to you by your provider. [Learn More](#)

[Return to List of Reports](#)

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Note: If you experience printing problems when selecting the **Print** icon, try selecting the **Download** icon instead. If the document downloads successfully, it can be opened and printed from your computer's default PDF viewer.



MEDICATIONS

On this page, your medications will be listed. Select a medication to view more details.

St. Luke's

Betty Test's Medications

Medications

- acetaminophen (Tylenol) 325 mg
325 mg orally four times per day as needed for fever
- Active Chemotherapy Patient 1 ea
1 ea as directed once
- atenolol 50 mg
50 mg orally daily
- edoxaban 30 mg
30 mg orally daily
- fluticasone furoate 27.5 mcg/actuation
1 SPRAY intranasally daily

St. Luke's Home | Log Off

Betty Test's Medications

View the details of the selected medication. [Learn More](#)

acetaminophen (Tylenol) 325 mg

Dose: 325 mg
Form: tablet
Route: orally
How Often: four times per day as needed
Reason for Use: fever
Prescribed By: Orlova, Ksenia A, MD
Total Refills: 0
Last Updated: Mon, Oct 02, 2023

[More Information About This Medication](#)

[Back to List of Medications](#)

Request Renewal

Print

➤ If you would like to request a refill, contact your pharmacy, or select **Request Renewal**.

➤ **Request Renewal** may be unavailable if the medication is from:

- an Inpatient (Hospital) stay
- an Emergency Department or Urgent Care visit
- a prescribing provider who is no longer with St. Luke's

➤ If **Request Renewal** is unavailable, use **Messaging** to contact your provider to request a refill (see page 2).

➤ Select **Print** to print out the information about the medication.

➤ If you select **Request Renewal**, you will be prompted to select your preferred pharmacy and a contact phone number before submitting your request.

St. Luke's Log Off

Betty Test's Medications

Request Renewal

Enter pharmacy and contact information to send a renewal request for the medication below. If selecting 'Other' for a pharmacy, please provide as much detail as possible so we can match the pharmacy in our system.

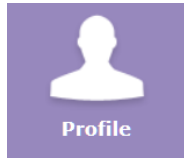
Please select a contact phone number:

Cell Phone: 218-310-6619

Other:

Comments

Back **Submit**



Profile

St. Luke's Home | Log Off

IntNLS AAtest's Profile

The Profile reflects the current information in your Electronic Medical Record. Select 'Update Profile' to request an update to your profile. Please only update your preferred name if it's different from your legal name. [Learn More](#)

[Update Profile](#)
[Shared Access](#)
[Print](#)

Demographic Information

Name: AAtest,IntNLS
 Preferred First Name:
 Pronouns:
 Address: 125 Garden Blvd
 DULUTH, Minnesota 55805
 Birthdate: 02/05/1956 Age: 66
 Marital Status: Married
 Race: White Religion: Methodist
 Cell Phone: 218-249-5905 Phone 2:
 Email Address:
 Mother's Name:
 Primary Care Physician:

Contacts

Emergency Contact
 Name: Relationship:
 Address:
 Phone 1: Phone 2:

Create Access Invitation

To allow someone to access your Patient Portal information below. You will have the opportunity to choose which will have access to before sending the invitation.

[Create Invitation](#)

PROFILE

Select **Update Profile** to update your demographic information. Any changes made will be updated immediately in the portal but will need to be reviewed and approved by Medical Records before updating in your medical record.

Select **Shared Access** to manage who can access your portal.

Guidelines for adults and minors/dependents:

- Patients 18 years of age or older will be able to share their portal access with another user via the **Create Invitation** button within the **Shared Access** tab.
- Parents of children under the age of 12 can register on their child's behalf and then can log in to their child's portal. On that child's 12th birthday, the parent/guardian's access will be automatically shut off.
- If a patient aged 12-17 would like their own individual account, they will need to fill out an enrollment form. The minor patient must hand-sign the form. If it is not signed, the request cannot be processed.
- Patients aged 12-17 can choose to give permission for their parent or guardian to have access by obtaining a proxy form on slhduluth.com/myCare or by asking for one at a clinic.